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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Tuesday, July 1, 2025

Examples of Wise-Compassion

This lesson is to inspire and uplift the world It comes from a place of service not from recognition. We are all equal brothers and sisters of the Divine.

Here are some examples of how I manifest Wise-Compassion in daily actions.

Here is my timeline so you can see the big picture.

2006-2009- I awakened. My spiritual awakening. Let's call awakening the motivation. 4D consciousness. Connect with Soul. Shadow work and Self Healing. Forgiveness of self and others. Began learning energy work and reading wisdom. Reading near death experiences.

2009-2021- I stepped into service by writing books and bringing the City of Shamballa website to the world. Let's call service the direction. 5D consciousness. Merge with Soul. Began training disciples (Initiations 1, 2). Love and Wisdom service actions. Surrender begins. Burn away ego. Sharing of energy attunements and healing.

2022 to present- Embodying my Higher Self. "The I AM Presence." I amplified the service to a planetary level through further reaching books, blogs, and videos. 6D consciousness. Love-Wisdom balance. Merge with Oversoul. Fulfill life purpose. Broadcast energy attunements, healing and wisdom to the world. Began training initiates (Initiations 3-5). Surrender continues. Ego mostly burned away. Transparent human vessel of the Divine. Path to Higher Evolution/Cosmic Service begins.

What is Wise-Compassion? Wise-Compassion is the balance of Love and Wisdom. It is to be compassionate and yet discerning regarding the timing and impact of service.

Wise-Compassion is knowing how to be the most useful in service. To embody joyful service. To be grateful for opportunities to serve. To understand serving all is serving The Creator.

The I AM Presence motivates by being Balanced Wisdom and Compassion. This motivation charges the service actions.

Here are examples:

Outer service aligned with Inner rest.

Outer service- Planetary Service, Books, Blog Posts, Videos, Website sharing, Distant Healing Network volunteer, Acts of loving kindness, Acts of loving service, Wise-Compassion actions, Teaching others (Disciples/Initiates) to train others, Channeling, Leaving Legacy. Prayers for planet. Prayers for healing. Prayers for others. Prayers for humanity's ascension.

Inner rest- Gardening for grounding, Meditation for Connecting with Higher Self, Physical Exercise, Self Healing Sessions, Gratitude, Appreciation, Connect with Inner Plane Spirit Guides, Follow Intuition. Prayers for self. Prayers for personal ascension.

These are just a few ways to stay balanced and serve the world. Follow your inner guidance always. We are all equal Divine brothers and sisters on unique paths. Let us each uplift the world in love and light together in our own ways. Namaste.

- July 01, 2025

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Chris Comish

Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa Social Network. Subscribe to his YouTube channel at Onenessandlove. Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa social network. Subscribe to his YouTube channel at Onenessandlove. Author of 28 Powerful Reiki Attunements, Book of Healing, Book of Wisdom, and multiple energy attunements and healing books.

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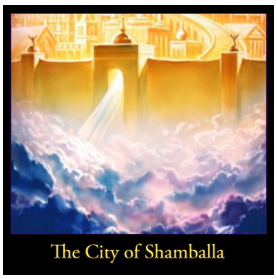

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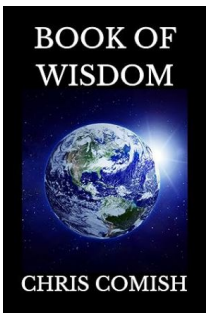

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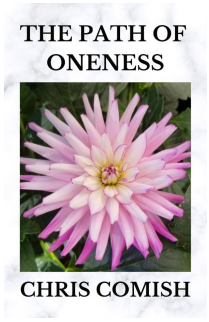

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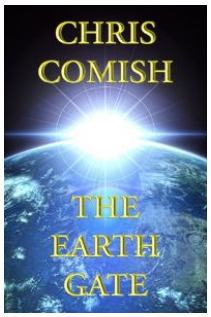

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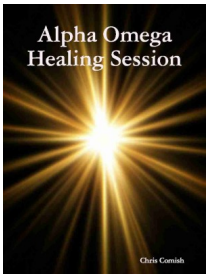

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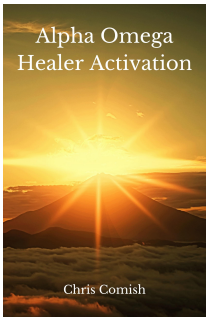

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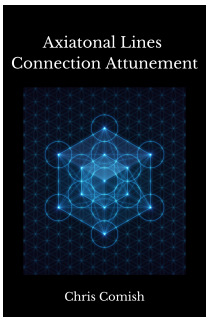

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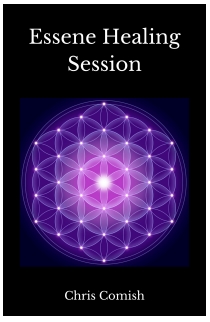

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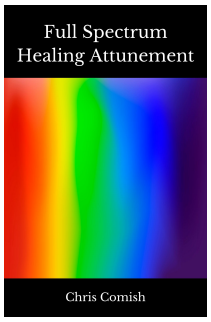

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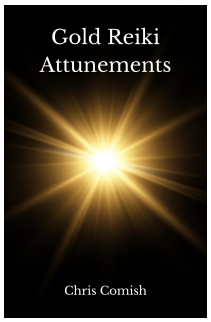

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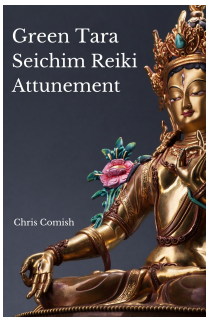

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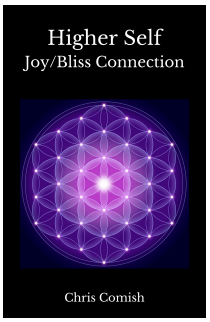

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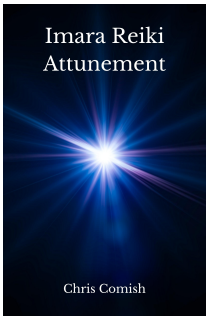

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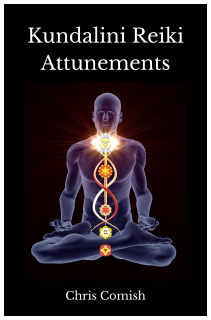

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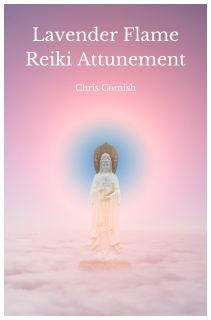

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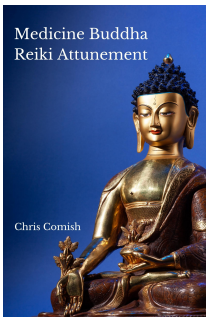

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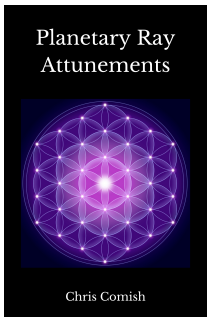

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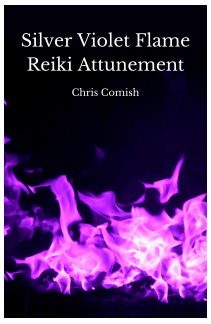

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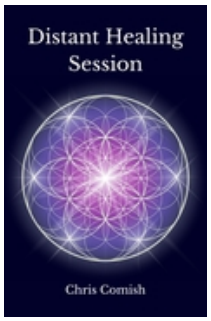

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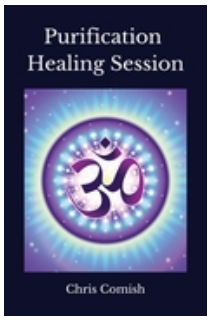

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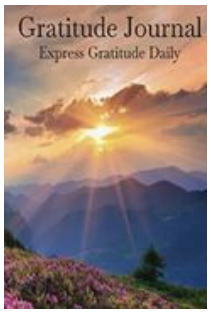

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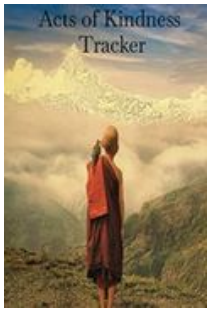

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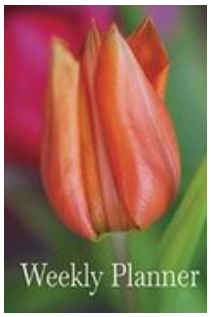

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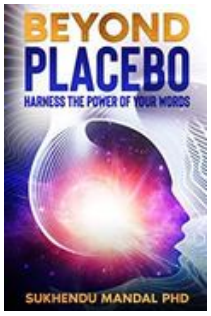

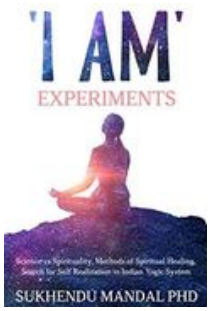

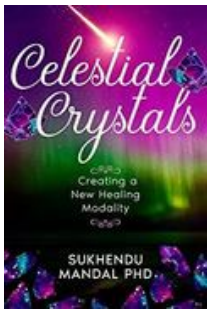

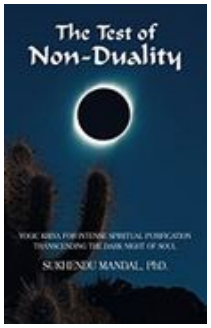

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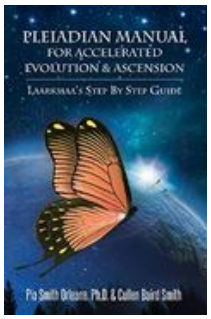

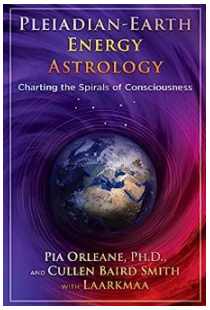
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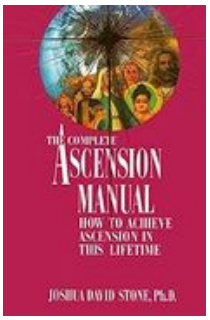
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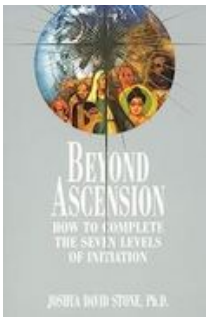
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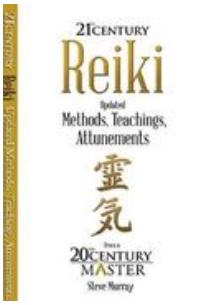
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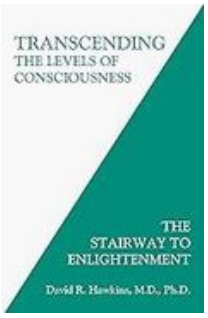
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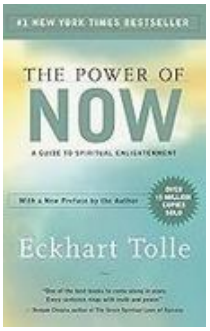
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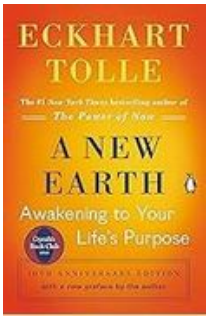
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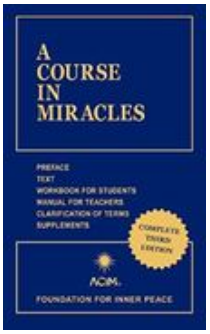
Life's Purpose

The
Jeshua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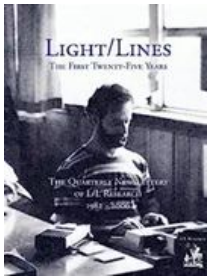
FOUNDATION FOR INNER PEACE


LIGHT/LINES
THE FIRST TWENTY-FIVE YEARS

THE GENE KEYS
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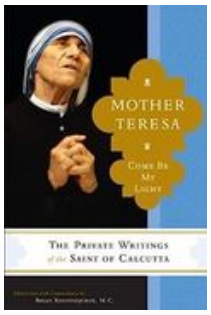
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THE PRIVATE WRITINGS OF THE SAINT OF CALCUTTA

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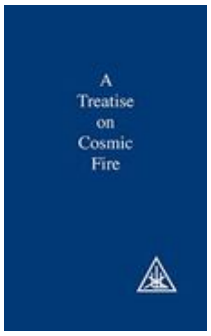
A
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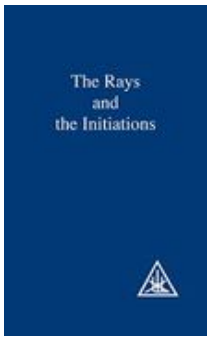
The Rays
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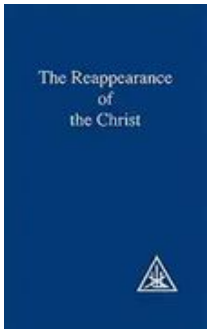
The Reappearance
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The
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of the
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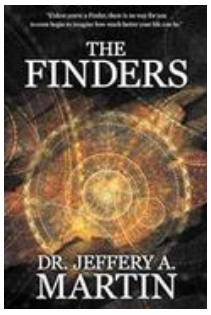
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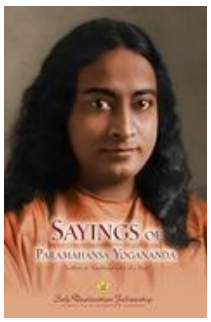
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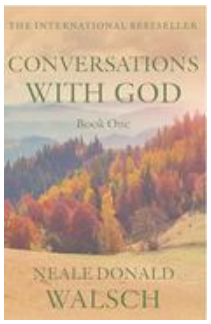
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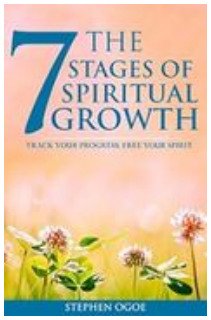
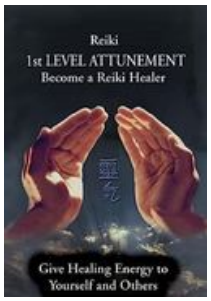
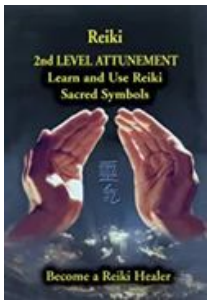
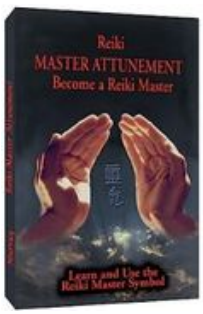
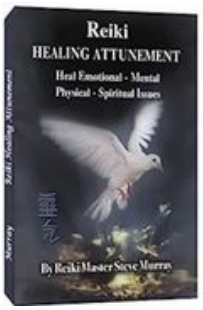


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









Forum - The City of Shamballa Social Network

- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

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Message to the Disciples

3 books by Chris Comish

Distant Healing Network

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